



Beam County Primary School
Oval Road North, Dagenham, Essex, RM10 9ED.

22nd June 2026

Amendments to Uniform During Hot Weather

Dear Parents and Carers,

With warm weather forecast to continue over the coming days, we wanted to let you know about the measures we will take to help keep children safe, comfortable, and ready to learn.

Children may attend school wearing their PE kit for the remainder of the week if you wish.. We will also make use of shaded areas around the school site, provide additional opportunities for water breaks and adapt outdoor activities where necessary.

To help us keep your child comfortable in the heat, please ensure that they:

- Bring a named water bottle to school every day.
- Arrive at school wearing sunscreen. Staff are unable to apply sunscreen to children, so we recommend applying a long-lasting sunscreen before school.
- Bring a named sun hat or cap.
- Wear suitable clothing for the weather, including their PE kit where advised.
- Have any prescribed medication, such as inhalers, available in school if required.

We are fortunate to have extensive outdoor spaces and, where appropriate, children may enjoy supervised water-based activities to help keep cool.

We will continue to monitor the weather and follow national guidance to ensure the wellbeing of all pupils and staff. If temperatures become exceptionally high, we may make further adjustments to the school day and will communicate any changes promptly.

Thank you for your support in keeping everyone safe and comfortable during this period of hot weather.

Kind regards,

Miss Whittington
Headteacher

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Headteacher: Miss T A Whittington, NPQH, BA (Hons), PGCE
Chair of Governors: Mr L Du Plooy

