



Beam County Primary School
Oval Road North, Dagenham, Essex, RM10 9ED.

10th October 2025

Dear Parents/Carers,

Apollo Structured Sensory Picnic - Thursday 23rd October 2025

We are delighted to invite you to our **Structured Sensory Picnic**, a special, inclusive learning experience designed to support children's development in communication, social interaction, and sensory exploration—all within a calm, structured setting.

The picnic will take place on **Thursday 23rd October 2025**, from **8:40 to 9:40 AM**, in the **Apollo Room at Beam County Primary School**. As the event will be held indoors, we can enjoy the experience whatever the weather.

During the session, children will rotate through gentle, adult-led sensory stations, exploring:

1. **Taste** – e.g., small, safe samples of fruit and crackers
2. **Smell** – e.g., lemon, vanilla, and mint scents
3. **Touch** – e.g., soft, crinkly, and squishy textures
4. **Sight** – e.g., colours and magnifiers
5. **Sound** – e.g., birdsong and gentle picnic sounds

They will also have the opportunity to make fruit kebabs with their parent or carer.

Additional Information:

- If you wish, you may bring one small, nut-free picnic item to share.
 - Please ensure the ingredients list is clearly visible.
 - No nuts or sesame, as we are a nut-free school.
- All tastings are optional, and alternative activities will be available.
- Photos may only be taken of your own child, and must not be shared on social media if other children are visible.

We hope you can join us and Apollo Class for this joyful celebration of learning.

Warm regards,
Mrs. Hakiza and Miss Hazell
SEN Teachers

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beamcountypriaryschool.org

Headteacher: Miss T A Whittington, NPQH, BA (Hons), PGCE
Chair of Governors: Mr L Du Plooy



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