



Were just getting started!

So much sport at Beam!



Hope you had an active half term

Remember to keep active outside of school.

Friday 13th February

Beam County Primary PE & Sport Newsletter

Beam me up Scotty!



YR 3/4 & 5/6 Sportshall Athletics teams win Borough championships!!!!



Our wonderful sportshall athletics teams

On Tuesday 20th January, the Year 5/6 athletics team defended their Borough title to win by 2 points! Their success was in no small part down to some outstanding scoring from the girls team who dominated their side of the competition. This was followed up by the team finishing 2nd in the East London final to qualify for the London finals on 17th March. We hope they continue to improve and shine in what will be a very competitive final. Well done team Beam!

Our year 3/4 team took inspiration from their older peers to win their Borough competition. After a dominant opening on the track, a few nerves led to some mistakes and dropped batons but with some excellent field event performances they managed to win!

YEAR 5/6 BOROUGH RESULTS

1ST BEAM - 556
2ND WILLIAM BELLAMY - 554
3RD THOMAS ARNOLD - 520



YEAR 3/4 BOROUGH RESULTS

1ST BEAM - 678
2ND ST TERESA'S - 644
3RD WILLIAM BELLAMY - 612

Girls football



On Tuesday 10th February our Year 5/6 girls football team played their first game in the second round of the Ballerz league against Manor school at home. Despite some relentless defending, the girls were unable to stifle a determined attacking performance from Manor who won 3-0.

Fixtures

TBC

Beam vs William Ford
Beam vs St Joseph's
Beam vs Eastbury

Fixtures

Tuesday 10th March

Beam vs St Peters
Beam vs Goresbrook

AQ class 2nd in Bowling!!



Having finished 10th last year, AQ class were determined to improve their standing in this year's Barking and Dagenham ten bowling competition. I'm glad to report they didn't disappoint with some great accuracy and scoring which had them leading the competition almost until the last ball was bowled! Well done AQ class!

Bikeability level 1

Well done to our 12 Year 3&4 children who competed their level 1 bikeability course on 4th February. This course gives them the skill and confidence to ride safely and hopefully progress onto the level 2 course over the next two years.



NEXT COURSE WEDNESDAY
4TH MARCH-

Yr 6 boys football



Beam Y6 boys currently sit in 2nd place behind Thames View in their qualification group for the Barking & Dagenham Cup knockout stages. The team have dominated three of their matches with strong defensive performances and being clinical in front of goal. Thames View provided very strong opposition; the team performed amazingly to be drawing 0-0 at half-time but eventually ran out of energy in the 2nd half. However, the experience will benefit the group when they come up against the strongest opposition later on in the competition.

Results

Beam 4-1 Manor Junior
Beam 3-0 Ripple
Thames View 7-1 Beam
Beam 3-0 Richard Alibon

by Mr Wilson

Year 2 girls cricket festival



This half term we took 18 enthusiastic Year 2 girls to Barking & Dagenham Cricket festival at Becontree Leisure centre. They had a great time learning a variety of cricket skills and playing friendly games against other schools. Hopefully some of these girls will represent Beam at cricket tournaments in a few years.

**Barking &
Dagenham**

Girls Netball festival



On Wednesday 4th February we took 18 girls to the Barking & Dagenham netball festival at Eastbrook school. This was an opportunity for the girls to have a taster of the skills involved in the game and hopefully be inspired to start training with the netball team at Beam.

**Barking &
Dagenham**

Stop the press!!!



On Wednesday 10th February Beam Yr 5/6 Netball team won the Borough Netball competition at Barking Abbey School. Despite a slow start and struggling in earlier games this season, coach Whittington had them well prepared to win this competition. Well done everyone!

Beam Netball winners!!!

Barking & Dagenham

Pe curriculum focus

Year 2 Gymnastics



BOOM

This half term, Year 2 have been working very hard to transfer their floorwork moves learnt before Christmas onto apparatus. They've all had fun completing a routine involving, jumping, rolling and balancing.



BANG!

Pe curriculum focus

SPRING 2 CURRICULUM

At Beam, reception children get a 40 minute PE lesson each week and all children in Years 1-6 get 2 60 minute lessons a week. Please see below for which activities your son/daughter will be taking part in during the next half term (Summer 1).

RECEPTION

MOVEMENT TO MUSIC (DANCE)

YEAR 1

BALL SKILLS FOR TENNIS 2
GYMNASTICS 2

YEAR 2

BALL SKILLS FOR TENNIS 1
RUN, JUMP, THROW 2

YEAR 3

SWIMMING
BENCHBALL

YEAR 4

ROUNDERS
BENCHBALL

YEAR 5

DODGEBALL
ROUNDERS

YEAR 6

DODGEBALL
ROUNDERS



PE & Sport

Headteachers award

This half term Edson in 5KS received the award due to his long term commitment to after school gymnastics club where he has made amazing progress!



How long have you been taking part in the gymnastics club?

2 years

What's your favourite move?

Headstand.

What move do you find the most difficult to perform?

Holding a handstand!

What move would you like to learn?

Improve my cartwheel.

Inter house competition

The house competitions continue at pace with some amazing Kinball and athletics events being played at Beam. Occasionally, the hall has been out of use due to special events so we couldn't complete all of the competitions this term. We will try and catch up and complete any missed events before sports day.

SCORES SO FAR.....

Year 3

1st place Red house 280 points
2nd place Green House 250 points
3rd place Blue House 225 points
4th place Yellow House 195 points



Year 4

1st Place Green House 340 points
2nd Place Yellow House 290 points
3rd Place Red House 290 points
4th Place Blue House 270 points



Year 5

1st Place Red House 470 points
2nd Place Green House 455 points
3rd Place Blue House 435 points
4th Place Yellow House 395 points

Year 6

1st Place Yellow House 265 points
2nd Place Red House 240 points
3rd Place Green House 230 points
4th Place Blue House 185 points



BEAM SPORTS CLUBS

Clubs are free of charge
unless stated otherwise

Monday 3.30 -4.30

YEAR 3/4 GIRLS
NETBALL



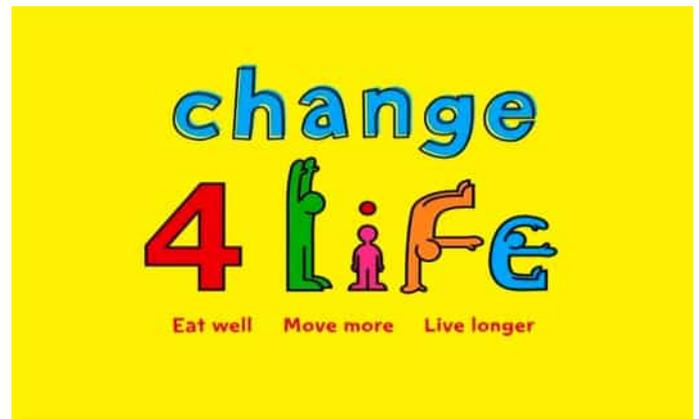
YEAR 5/6 ATHLETICS



KARATE CLUB -YOU
NEED TO PAY FOR THIS



YEAR 3&4 MULTI SKILLS
CHANGE FOR LIFE ACTIVE CLUB



Tuesday 3.30 -4.30

YEAR 3/4 ATHLETICS



BEAM SUMMER TERM SPORTS CLUBS

Wednesday 3.30 -4.30

YEAR 5/6 NFL TAG



DANCE CLUB - YOU
NEED TO PAY FOR THIS
CLUB



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Thursday 3.30 -4.30



YEAR 3-6 GYMNASTICS

Friday 3.30 -4.30



YEAR 3-6 GIRLS FOOTBALL

CLUBS ARE CURRENTLY BEING
REVIEWED SO THERE MAY BE
SOME CHANGES

Sports fixtures

PROVISIONAL DATES

WEDNESDAY 25TH FEBRUARY - YEAR 3&4 GIRLS
FOOTBALL FESTIVAL AT EASTBROOK SCHOOL

TUESDAY 3RD MARCH #LETGIRLSPLAY FOOTBALL
TOURNAMENT & FESTIVAL YEAR 3-6

MONDAY 9TH MARCH - YEAR 5&6 NFL TOURNAMENT AT
BARKING RUGBY CLUB.

THURSDAY 12TH MARCH - YEAR 5&6 INCLUSIVE DYNAMOS
CRICKET (SEND) VENUE TBC

TUESDAY 17TH MARCH - LONDON YOUTH GAMES ATHLETICS
FINALS AT REDBRIDGE SPORTS CENTRE

THURSDAY 19TH MARCH LONDON YOUTH GAMES NETBALL
FINALS AT REDBRIDGE SPORTS CENTRE

MONDAY 24TH MARCH - 3V3 'A' TEAM BASKETBALL AT
EASTBURY SCHOOL

TUESDAY 25TH MARCH - 3V3 'B' TEAM BASKETBALL AT
EASTBURY SCHOOL

**Barking &
Dagenham**

