



Beam County Primary School
Oval Road North, Dagenham, Essex, RM10 9ED

28th September 2023

Dear Parent/Carer,

Walk to School Week 2023

Our school is taking part in **Walk to School Week (2nd - 6th October)** as part of International Walk to School Month. This is designed to help pupils experience first-hand the importance of walking to school. Children will be well on their way to reaching their recommended 60 minutes minimum of physical activity per day before even reaching the school gates! Not only will it set them up for a positive day in the classroom, but it will also help create healthy habits for life.

Each pupil will be challenged to walk to school every day. Each participating pupil will receive a sticker.

What do I need to do as a parent/carer?

For **Walk to School Week**, please encourage your child/children to walk to school. This will help our school to reduce congestion and pollution around the school gates. If you live far away from school and need to drive or take public transport, try parking the car or hopping off the bus/train ten minutes away and walking the rest of the journey.

Thank you in advance for your cooperation.

Kind regards,

Mrs McKenzie
Assistant Headteacher

Email: office@beam.bardaglea.org.uk, Telephone: 020 8270 4700, Fax: 020 8270 4699
beamcountyprimary.co.uk

Headteacher: Miss T A Whittington, NPQH, BA (Hons), PGCE
Chair of Governors: Miss S Ekmekci

