



**Barking &
Dagenham
Family
Hub**

EAST LOCALITY FAMILY HUB INFORMATION FOR FAMILIES



ABOUT YOUR FAMILY HUBS

Family Hubs are centres which, have been developed to support families with children and young people aged 0-19 years to receive early help / support to overcome a range of difficulties and build stronger relationships with their communities. Your Family Hubs have a Team of **Family Navigators** who are physical present in the Hubs.

ABOUT YOUR FAMILY NAVIGATORS

Family Navigators who are based in the centres will provide support to assist you to access the services you need when you need them.

- We are the first point of call for our families who need Support.
- We are here to talk to you and help you navigate through Services.

MEET THE TEAM

Family Navigators - Ashley Morris and Tamzida Pasha

Family Hub Coordinator - Yolanda Wireko



WHERE TO FIND US

Dagenham Library,
1 Church Elm Lane
RM10 9QS



WE ARE AVAILABLE

Monday – Friday 9:30am – 4:30pm

WE CAN HELP WITH:

- Meeting your child's needs including implementing a new family routine.
- Access to local services or specialised support including children with special educational needs, health services, drug and alcohol, violence prevention, money and debt, and mental wellbeing.
- Parenting Support via a range of Parenting Programmes.
- We are here to work with you and your family to support you to get the right services at the right time.

HOW?

You can walk in directly into your local Hub or any of the Hubs or be referred by any professional.

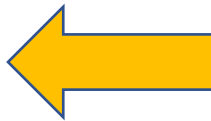
CONTACT US



FamilyNavigators@lbbd.gov.uk



0208 227 5600



SCAN HERE FOR FAMILY
REFERRAL FORM

ONE BOROUGH; ONE COMMUNITY; LONDON'S GROWTH OPPORTUNITY

