



Beam County Primary School
Oval Road North, Dagenham, Essex, RM10 9ED.

9th February 2024

Dear Parent/Carer,

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe. Programme.*** *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children.. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p>www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p>www.nspcc.org.uk/activities</p>
<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p>www.nspcc.org.uk/onslinesafety</p>	<p>Childline – under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p>www.childline.org.uk/buddy (5-7)</p> <p>www.childline.org.uk/kids (7-11)</p>

Email: office@beam.bardaglea.org.uk, Telephone: 020 8270 4700
beamcountypriamaryschool.org

Headteacher: Miss T A Whittington, NPQH, BA (Hons), PGCE
Chair of Governors: Miss S Ekmekci



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Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages.
Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please contact the safeguarding team if you have any questions.

Kind Regards,

Mr Anderson

Designated Safeguard Lead