



Beam County Primary School

Oval Road North, Dagenham, Essex, RM10 9ED.

7th January 2026

Dear Parent/Carer,

PE Lessons in the Winter Months

Please could you ensure that your child has a tracksuit (tracksuit bottoms and a sweatshirt or hoodie) available for PE lessons, and that all items are clearly labelled with your child's name and class.

Children in Key Stage 1 complete the majority of their PE lessons indoors during the winter months. However, there are occasions when they change after playtime or lunchtime, which means they may go outside to play while wearing their PE kit (they will still have access to their outdoor jackets, etc.).

In Key Stage 2, more PE lessons take place outdoors during the winter months, so please ensure your child has a tracksuit and, if they wish, additional warm layers. Children are permitted to wear outdoor jackets, gloves, and hats when taking part in outdoor PE.

Thank you for your support.

Best wishes,
Mr Purcell

Email: office@beam.bardaglea.org.uk, Telephone: 020 8270 4700
beamcountypriaryschool.org

Headteacher: Miss T A Whittington, NPQH, BA (Hons), PGCE
Chair of Governors: Mr L Du Plooy



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